



## **Freedom of Information Request**

## Question

I would like to know:

I am looking for information regarding the number of SAS staff who have been registered as on sick leave due to mental health or stress. As such, can I request the following:

The number of SAS staff on sick leave due to mental health or stress from 01/06/2022 to present, including a breakdown by role/position and location?

## Answer

We take the mental health of our staff very seriously, which is why we have developed a robust programme to support them. Managers work closely with staff to encourage them to report any concerns about their welfare and we provide assistance and funding for staff seeking professional counselling services and occupational health services.

The Scottish Ambulance service has and continuously reviews a varied range of support tools aimed at staff in relation to Mental Health – related illnesses.

Please find the tables below showing the number of staff recorded as absent under the umbrella term for anxiety/stress/depression between 1 June and 30 September 2022, broken down into job role categories by area.

The Scottish Ambulance service holds data that can be provided, under the umbrella term for anxiety/stress/depression (mental health, as given). The data cannot be broken down any further into any other specific subcategories.

Job Role	Count of Staff
TECHNICIAN	119
PARAMEDIC	110
CARE ASSISTANT	59
MTU OPERATIVE	55
ACC CALL TAKER	29
ACC DISPATCHER	25
TEAM LEADER	24
ADMIN & CLERICAL	21
OTHER	44
SUM	486

	EAST	NORTH	WEST	ACC	OTHER	TOTAL
TECHNICIAN	50	16	53	0	0	119
PARAMEDIC	47	11	45	0	7	110
CARE ASSISTANT	25	6	19	0	9	59
OTHER	6	2	12	87	91	198
TOTAL	128	35	129	87	107	486